

ull Name:				Date:			
irth Date:				Age:			
LLERGIES O NO ALLERGI	ES						
ALLER	GY			ALLERGIC F	REACTION		
IEDICATIONS							
MEDICATIONS (Please list ALL)			DSE pill, etc.)		TIMES PER DAY		
If you need more room to I EALTH MAINTENA					ne required information		
Cholesterol	Date:	Facility	y/Provider:		Abnormal Result? Y N		
COLONOSCOPY/SIGMOID	Date:	Facility	y/Provider:	Abnormal Result? Y N			
MAMMOGRAM	Date:	Facility	y/Provider:		Abnormal Result? Y N		
PAP SMEAR	Date:	Facility	Facility/Provider:		Abnormal Result? Y N		
BONE DENSITY Date: Facilit			ty/Provider: Abnormal Result? Y N				
ACCINATION HISTO	ORY						
Last Tetanus Booster or TdaP:			Last Pnuemovax (Pneumonia):				
Last Flu Vaccine:			Last Prevnar:				
Last Zoster Vaccine (Shingles):							

PERSONAL MEDICAL HISTORY

DISEASE/CONDITION	CURRENT	PAST	COMMENTS
Alcoholism/Drug Abuse			
Asthma			
Cancer (type:)			
Depression/Anxiety/Bipolar/Suicidal			
Diabetes (type:)			
Emphysema (COPD)			
Heart Disease			
High Blood Pressure (hypertension)			
High Cholesterol			
Hypothyroidism/Thyroid Disease			
Renal (kidney) Disease			
Migraine Headaches			
Stroke			
Other:			
Other:			
SURGERIES			

TYPE (specify left/right)	DATE	LOCATION/FACILITY

WOMEN'S HEALTH HISTORY

Date of Last Menstrual Cycle:	Age of First Menstruation:Age of Menopause:
Total Number of Pregnancies:	Number of Live Births:
Pregnancy Complications:	

Patient Name:		DOB:	
	-		•

FAMILY MEDICAL HISTORY O NO SIGNIFICANT FAMILY history Is Known

Check ALL That APPLY	Alcohol/Drug Abuse	Asthma	(type: Cancer)	Emphysema (COPD)	Depression/Anxiety	Bipolar/Suicidal	Diabetes	Early Death	Heart Disease	High Cholesterol	High Blood Pressure	Kidney Disease	Stroke	Thyroid Disease	Migraines	Other:	Other:	Other:
Mother																		
Father																		
Brother																		
Sister																		
Child																		
MGM																		
MGF																		
PGM																		
PGF																		
Other:		•									_							_

SOCIAL HISTORY

Occupation (or prior occupation):	o Retired o Unemployed o LOA o Disabled				
Employer:	Years of Education or Highest Degree:				
If employed, do you work the night shift? Y N N/A					
Marital Status (check one): 0 Single 0 Partner 0 Married 0 Divorced 0 Widowed 0 Other:					
Do you have children? Y N	If yes, how many?				

OTHER HEALTH ISSUES

	Tobacco USE Smoke Cigarettes? Y N (If you never smoked, please move to Alcohol /Drug Use)								
Current: Packs/day# of Years Past: Qui				<i>Past:</i> Quit [Date: Packs/day# of Years				
Other Tobacco (check one): 0 Pipe 0 Cigar 0 Snuff 0 Che					W				
Alcohol/DRUG USE Do you drink alcohol?		ohol? Y N	o Beer o Wine o Liquor	# of Drinks/week:					
Do you use marijuana or recreational drugs? Y N			N	Have you ever used needles to	o inject drugs? Y N				
Have you ever taken someone else's drugs? Y N				J					

Patient Name:	DOB:	
-		

OTHER HEALTH ISSUES continued...

Sexual Act	tivity	Sexually involved currently? Y N (If r	no sexual history, please continue to Exercise)					
Sexual par	tner(s) is/a	re/have been: 0 Male 0 Female						
Birth conti	Birth control method: o None o Condom o Pill/Ring/Patch/Inj/IUD o Vasectomy							
EXERCISE	Do yo	u exercise regularly? Y N (If you answere	ed no, ple	ase move to Sleep)				
What kind	What kind of exercise?			Duration: How long (min.):How often:				
SLEEP	How many	y hours, on average, do you sleep at nig	ght <i>(or du</i>	ring the day, if working night shift)?				
DIET	DIET How would you rate your diet? 0 Good 0 Fair			ir o Poor Would you like advice on your diet? Y N				
SAFETY Do you use a bike helmet? Y N			Do you use seat belts consistently? Y N					
Working sn	Working smoke detector in home? Y N			If you have guns at home, are they locked up? Y N				
Is violence	Is violence at home a concern for you? Y N			Have you completed an Advance Directive for Health Care (ADHC), Living Will, or Physical Orders for Life Sustaining Therapy (POLST)? Y N				

OTHER PROVIDERS/SPECIALISTS

SPECIALIST	NAME	LAST vISIT
Cardiology		
Gastroenterologist (GI)		
OB/GYN		
Neurology		
Pulmonary		
Other:		
Other:		

ADDITIONAL INFORMATION

Have you traveled outside of the country in the last 30 days? Y N	If yes, where?
Have you served in the military? Y N	If yes, how long and what branch?
Were you deployed? Y N	If yes, where?

Patient Name:	_ DOB:	

REVIEW OF SYSTEMS Check ALL That APPLY

CONSTITUTION	Cardiovascular	SKIN	
Activity change	Chest pain	Color change	
Appetite change	Leg swelling	Pallor	
Chills	Palpitations	Rash	
Diaphoresis	Gastrointestinal	Wound	
Fatigue	Abdominal distention	ALLERGY/IMMUNO	
Fever	Abdominal pain	Environmental allergies	
Unexpected weight change	Anal bleeding	Food allergies	
Head, EAR, NOSE & Throat	Blood in stool	Immunocompromised	
Congestion	Constipation	NEUROLOGICAL	
Dental problem	Diarrhea	Dizziness	
Drooling	Nausea	Facial asymmetry	
Ear discharge	Rectal pain	Headaches	
Ear pain	Vomiting	Light-headedness	
Facial swelling	ENDOCRINE	Numbness	
Hearing loss	Cold intolerance	Seizures	
Mouth sores	Heat intolerance	Speech difficulty	
Nosebleeds	Polydipsia	Syncope	
Postnasal drip	Polyphagia	Tremors	
Rhinorrhea	Polyuria	Weakness	
Sinus pressure	Genitourinary	Hematologic	
Sneezing	Difficulty urinating	Adenopathy	
Sore throat	Dysuria	Bruises/bleeds easily	
Tinnitus	Enuresis	Psychiatric	
Trouble swallowing	Flank pain	Agitation	
Voice change	Frequency	Behavior problem	
EYES	Genital sore	Confusion	
Eye discharge	Hematuria	Decreased concentration	
Eye itching	Penile discharge	Dysphoric mood	
Eye pain	Penile pain	Hallucinations	
Eye redness	Penile swelling	Hyperactive	
Photophobia	Scrotal swelling	Nervous/anxious	
Visual disturbance	Testicular pain	Self-injury	
Respiratory	Urgency	Sleep disturbance	
Apnea	Urine decreased	Suicidal ideas	
Chest tightness	MUSCULAR		
Choking	Arthralgia		
Cough	Back pain		
Shortness of breath	Gait problems		
Stridor	Joint swelling		
Wheezing	Myalgia		
	Neck pain		
	Neck stiffness		

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